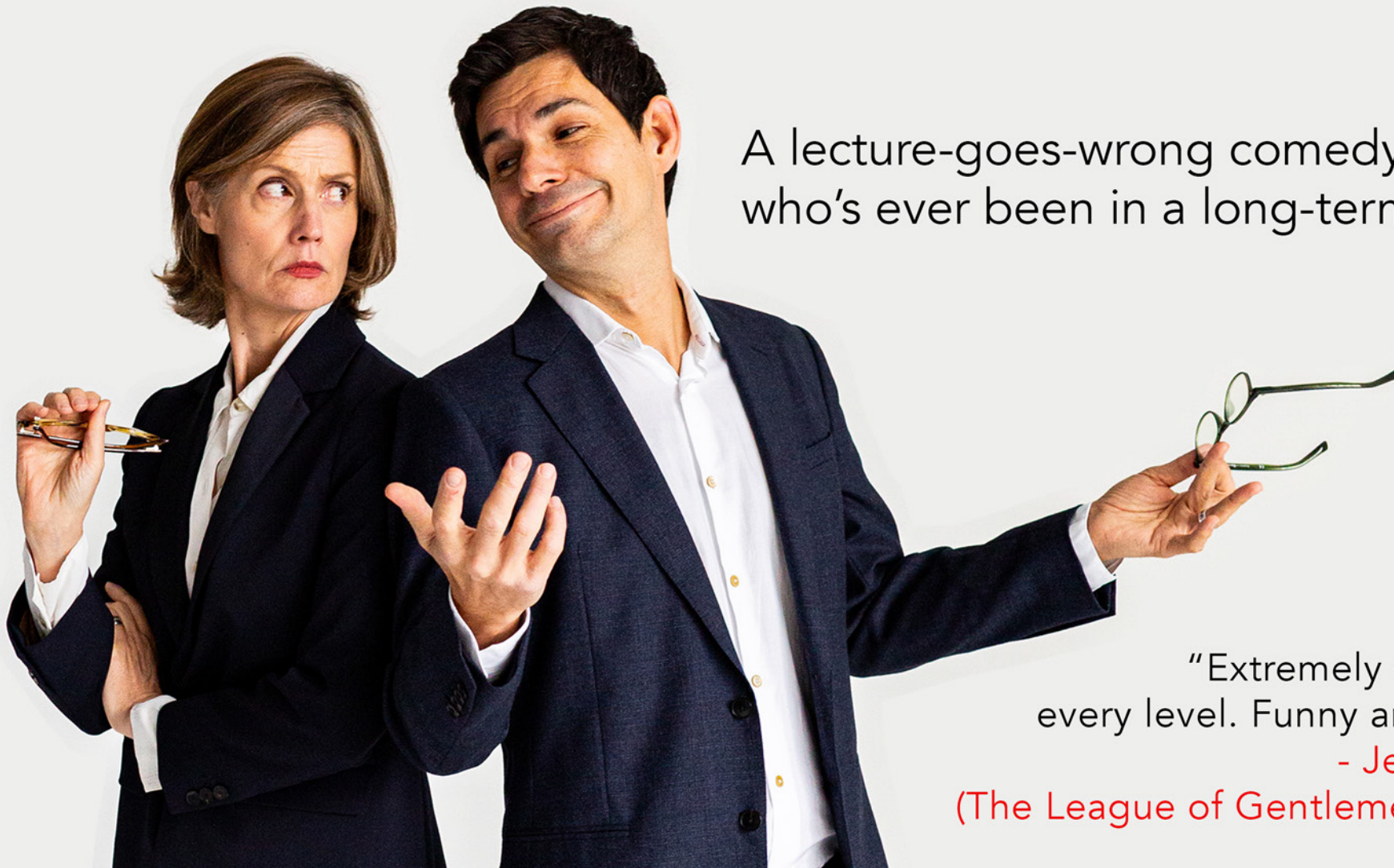


A **RANDMADE** PRODUCTION | **2026** TOUR

HOW TO BE **THE PERFECT COUPLE**



A lecture-goes-wrong comedy for anyone who's ever been in a long-term relationship.

"Extremely accomplished on every level. Funny and entertaining."

- **Jeremy Dyson**

(The League of Gentlemen /Ghost Stories)

HOW TO BE THE PERFECT COUPLE

an inspirational lecture



Want to discover the secret ingredients of a long, happy and fulfilling romantic relationship?

Then join renowned couple therapists
Professor Robert Stenk and **Dr Veronica Stenk**...

...as they share
everything they've learned during their long, happy marriage
and illustrious careers, about nurturing and maintaining a
partnership made in heaven, in an inspirational live lecture

About the Show:

Married couple and renowned psychologists, **Prof. Robert and Dr Veronica Stenk**, deliver a live lecture on how to achieve the **perfect romantic relationship**. Unfortunately, their own marriage is on the **brink of imploding** in the most spectacular and public manner possible. Watch in horror as tempers fray, secrets come to light and the very professional lecture they intended to give, **deteriorates into chaos**.

How to be the Perfect Couple is a **comedy** about how **difficult and messy** relationships can be, even when you supposedly know what you're doing. Written and performed by real-life couple, **Katie & Jon Rand**. Directed by **Karl Hansen**.

The show contains a couple of F-bombs – **unsuitable for under 12s**.

Reviews & Reactions:

"Their digs landed perfectly, the audience laughing from start to finish. And yet, beneath the satire sat warmth, affection and a quietly hopeful message: relationships aren't perfect, but with love, insight and a bit of humility, they're worth working on. Funny, clever, affectionate and uncomfortably relatable. A real triumph."

- Claire Hurst (Mezzanine)

"I needed a wee halfway through, but I stayed to watch and I think that says a lot."

- Tom Turner (audience member)



"This wonderful production could all become a bit meta when you realise that the actors are a couple in real life, but their shared life experience seeps through in their natural easiness together on stage and the ability to contextualise the pettiness and rawness of sometimes hating the one you love the most..."

- Phil Stickells (audience member)

[Click here for some post-performance reactions from the show in Leeds!](#)



Biographies:

Married couple **Jon and Katie Rand** (51) met studying **Drama** at UEA at the tender age of 19. They performed together in several productions, including **Twelfth Night** and **As You Like It**, as well as each other's final shows. After several different jobs, they eschewed the stage for the microphone, becoming **full time voice-over artists**.



Jon has voiced **audiobooks** and **documentaries** as well as **TV ads** for Mercedes-Benz, B&Q and Yorkshire Tea! He also writes **novels, short stories & comedies** and co-hosts the award-winning podcast **The Failing Writers**.



Katie began her career in **advertising**, later becoming a full time **voice-over artist**. She voices **audiobooks, corporate videos, instore radio ads and commercials** for TV, digital and radio. She now splits her time between **voicing** and **coaching presentation skills**.

Running time:

70mins

Requirements:

Min stage dimensions: 4.5m x3.5m

Projector, screen and audio system for a PowerPoint presentation.

We would require a technician for show op. The set is a chair a small table and a lectern. Initial get in and tech rehearsal: 2.5 hours. After that, we can get-in in 10 mins, and get out in 10.

Contact:

For more information please call Jon on 07901581373

Or email jonrand@me.com / katierand@me.com

INSTAGRAM: @perfectcoupleplay & @failingwriters

WEBSITE: <https://randmade.co.uk/our-play/>

